

# WVEC LINE LIFE

JUNE 2025 | PUBLISHED FOR THE MEMBERS OF VERDIGRIS VALLEY ELECTRIC COOPERATIVE | A SUPPLEMENT TO OKLAHOMA LIVING | [WWW.WVEC.COM](http://WWW.WVEC.COM)

# THANK → YOU MEMBERS!



**CHECK  
OUT OUR NEW  
"DOLLY PARTON'S  
IMAGINATION LIBRARY"  
PARTNERSHIP WHILE  
YOU'RE HERE!**

See page 2 for more details!

Come see us from  
**11 AM - 1 PM on June 20, 2025**  
for a free hot dog, chips, drink and get some helpful  
tips for staying safe around electricity!

# VVEC Hosts Rural Electric Safety Achievement Program (RESAP)



Cooperatives from across the state gathered for a two-day training as a way to create & enhance a culture of safety in our cooperatives.

Throughout the training, participants were educated on how RESAP works and why cooperatives participate in the program while they developed leadership skills and gained a better understanding of how other cooperatives operate.



“YOU CAN NEVER GET ENOUGH  
**BOOKS** INTO THE HANDS  
OF ENOUGH  
**CHILDREN”**



*Dolly*



**V**erdigris Valley Electric Cooperative is proud to partner with “Dolly Parton’s Imagination Library” to help ensure the young children in our communities have access to books!

How it works:

- Enroll your child (ages 0-5) online at <http://imaginationlibrary.com/>
- In 8-12 weeks, your child will receive their first book in the mail, “The Little Engine That Could”.
- Books arrive in the mail monthly until your child’s 5th birthday



To check availability in your area, scan this QR code or visit <https://imaginationlibrary.com/check-availability/>

# EMPLOYEE SPOTLIGHT

## CHAZ BREWER



5 years of cooperative life has slid Chaz Brewer straight into the spotlight! Chaz has worked in the Warehouse for the entirety of his career and his days consist of pulling materials for the contractors and linemen, keeping track of inventory as well as building maintenance.

Outside of co-op life, Chaz enjoys hunting, fishing and helping his Dad on the family ranch alongside his kiddos, Kenli and Harrison -- who are also active in basketball and football!

Whether he's at work or at home, he's staying busy but it's helpful when going to work feels more like spending time with family and everyone is willing to jump in and help out.

Congrats on a job very well done, Chaz!

*"Hard work always pays off."*



June Mystery Picture! Do you know where this is? Be the first to correctly guess the location during the month of June and receive a \$50 bill credit! Call Megan Jackson at 918-586-6241 to submit your guess!

May's Location:  
Look Out Lake at Osage Hills State Park

Tree crews are working to clear right-of-way on the Keetonville, Vera, and Ramona substations.

Brush Coordinator:  
Chub Brewer  
918-586-6208



IS YOUR  
ACCOUNT  
NUMBER  
0121702401?

If so, call Megan Jackson at 918-586-6241 during the month of May and claim your \$50 bill credit! CONGRATS!



06.15 Happy Father's Day!  
06.20 Member Appreciation Day!  
06.21 First Day of Summer!



FOLLOW US ON  
**facebook**



INTRODUCING VERDIGRIS VALLEY ELECTRIC COOPERATIVE'S

2025

# Oklahoma Youth Tour and Energy Camp Winners



**Congratulations to Barnsdall Public Schools for producing ALL the winners! Outstanding job!**



## *Congratulations on your hard work!*

Congratulations to Barnsdall Juniors Alexander Bruton and Hailey Gardener for winning the week-long, all-expense-paid trip to our nation's capitol as VVEC's delegates to the Washington Youth Tour!

Bruton and Gardener will learn about electric cooperatives, experience American history and witness our government in action. They'll get to visit with members of our Congressional Delegation and tour many famous Washington D.C. sites like the U.S. Capitol, Arlington Cemetery, national monuments and the Pentagon!

Winning scholarships for their outstanding essays this year were high school juniors Lainey Tarwater (\$750) and Blayden Carmack (\$1,000), both of Barnsdall.

Congratulations and good luck in all you do going forward!

Winning this year's YouthPower Energy Camp essay contest were Barnsdall 8th grade students Chance Jackson, Cameron Hernandez and Kolt Vickery.

YouthPower Energy Camp develops leadership skills and promotes teamwork in a fun environment.

The camp's participants experience first-hand the exciting world of rural electrification by electing board members, working in small groups to discuss real-life issues and concerns for their communities and developing leadership skills. They witness safety demonstrations, get to take a ride in the bucket of a co-op service truck, and even climb a utility pole, while wearing appropriate climbing gear, of course.

Energy campers have the chance to participate in a large variety of fun activities such as volleyball, interactive games, learning about electricity and the co-op way, along with swimming and other outdoor, hands-on and team building activities.

**BIG THANKS TO ALL SCHOOLS, TEACHERS AND STUDENTS FOR YOUR PARTICIPATION AND HARD WORK IN WRITING SOME AWESOME ESSAYS THIS YEAR!**



TOP PICTURE, LEFT TO RIGHT: ALEXANDER BRUTON, HAILEY GARDENER, LAINEY TARWATER, BLADEN CARMACK  
BOTTOM PICTURE, LEFT TO RIGHT: KOLT VICKERY, CAMERON HERNANDEZ, CHANCE JACKSON,

# EXTREME HEAT

## THE SILENT KILLER

It is often said that electricity is a silent killer. This is true because you cannot see, hear or smell electricity.

Intense summertime heat is also a silent killer. Unlike hurricanes, floods and tornadoes, the dangers of extreme weather strike without much notice. More than 700 people die from extreme heat each year in the United States, according to the Centers for Disease Control and Prevention (CDC).

### HEAT-RELATED ILLNESSES

Hot weather is associated with an increase in heat-related illnesses, including cardiovascular and respiratory complications, renal failure, electrolyte imbalance, kidney stones, negative impact on fetal health and preterm birth, according to the CDC. Death rates increase during and after heat waves, which is why the number of deaths is attributed to heat-related illnesses.

### HEAT-RELATED DEATHS RESULT FROM:

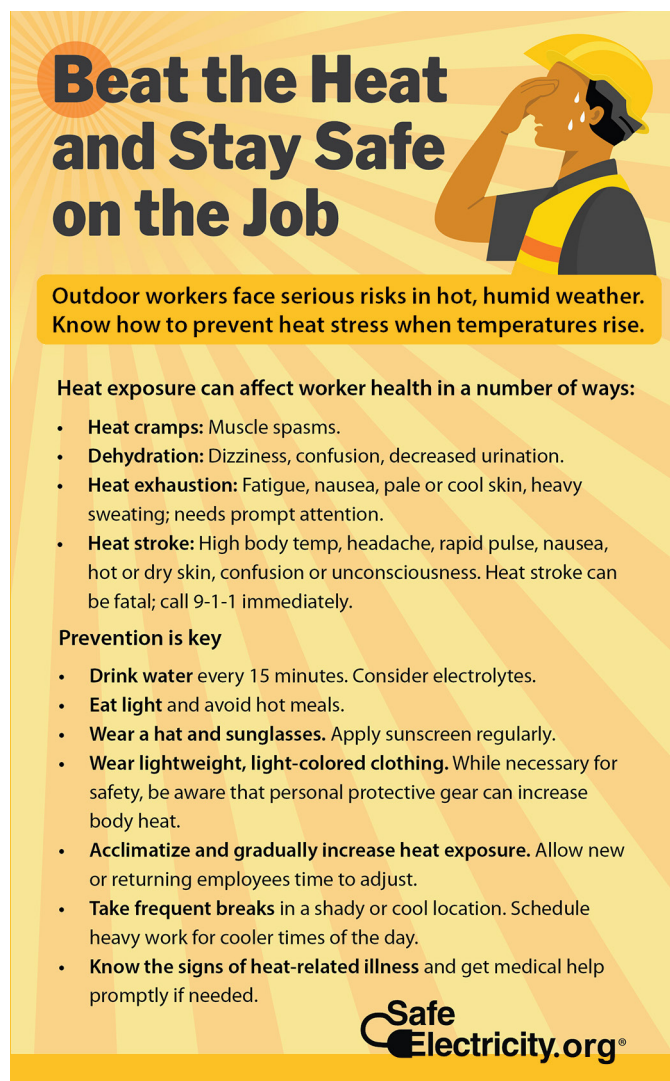
- Heat stroke and related conditions.
- Cardiovascular disease.
- Respiratory disease.
- Cerebrovascular disease.

Anyone can be at risk of the health effects of heat, but some are more vulnerable, according to the CDC. Those more vulnerable include:

- Pregnant women.
- People with heart or lung conditions.
- Young children.
- The elderly.
- Athletes.
- Outdoor workers.
- Heat stroke

Heat stroke is the most serious heat-related illness, as it restricts the body's ability to cool itself. Body temperature can reach 106 degrees or higher within 10 to 15 minutes, according to the CDC.

Heat stroke can cause permanent disability or death if emergency treatment is not initiated. Symptoms of heat stroke include confusion, altered mental status, slurred speech, hot/dry skin or profuse sweating, seizures, very high body temperature and coma.



### Beat the Heat and Stay Safe on the Job


Outdoor workers face serious risks in hot, humid weather. Know how to prevent heat stress when temperatures rise.

Heat exposure can affect worker health in a number of ways:

- **Heat cramps:** Muscle spasms.
- **Dehydration:** Dizziness, confusion, decreased urination.
- **Heat exhaustion:** Fatigue, nausea, pale or cool skin, heavy sweating; needs prompt attention.
- **Heat stroke:** High body temp, headache, rapid pulse, nausea, hot or dry skin, confusion or unconsciousness. Heat stroke can be fatal; call 9-1-1 immediately.

Prevention is key

- **Drink water** every 15 minutes. Consider electrolytes.
- **Eat light** and avoid hot meals.
- **Wear a hat and sunglasses.** Apply sunscreen regularly.
- **Wear lightweight, light-colored clothing.** While necessary for safety, be aware that personal protective gear can increase body heat.
- **Acclimatize and gradually increase heat exposure.** Allow new or returning employees time to adjust.
- **Take frequent breaks** in a shady or cool location. Schedule heavy work for cooler times of the day.
- **Know the signs of heat-related illness** and get medical help promptly if needed.

 Safe Electricity.org®

## IF SOMEONE IS EXPERIENCING HEAT STROKE, ACT QUICKLY TO TREAT THE PERSON.

- Call 9-1-1.
- Stay with the person until help arrives.
- Move the person to a shaded, cool area.
- Remove outer clothing.
- Cool the person with water.
- Place cold cloths on the skin.
- Soak clothing in cool water.
- Concentrate on cooling the head, neck, armpits and groin.
- Circulate air around the person.

## HEAT EXHAUSTION

This type of heat-related illness is the body's response to an excessive loss of water and salt, usually due to excessive sweating. Heat exhaustion is most likely to affect the elderly, people with high blood pressure and those who work outdoors.

Symptoms include headache, nausea, dizziness, weakness, irritability, thirst, heavy sweating, elevated body temperature and decreased urine output.

## IF SOMEONE IS DISPLAYING SYMPTOMS OF HEAT EXHAUSTION, DO THE FOLLOWING:

- Take the person to a clinic or emergency room.
- Call 9-1-1 if medical care is unavailable.
- Stay with the person until he or she is evaluated.
- Remove the person from the heat.
- Give the person liquids to drink.
- Remove unnecessary clothing, including shoes and socks.
- Use cold compresses to cool the person's body.
- If compresses are not available, splash cold water on the head, face and neck.

## OTHER HEAT-RELATED ILLNESSES

Other illnesses related to heat stress include rhabdomyolysis, heat syncope (fainting or dizziness), heat cramps and heat rash. Rhabdomyolysis is a medical condition associated with heat stress and prolonged physical exertion. The condition causes the rapid breakdown, rupture and death of muscle. People who have this condition and experience symptoms (muscle cramps, weakness, dark urine) should seek immediate care at the nearest medical facility.

If you suspect someone is experiencing heat stroke, act right away by calling 9-1-1. Heat exhaustion also requires medical evaluation and treatment. In both cases, cool the body as quickly as possible.





## VVEC BOARD OF TRUSTEES

**District 1:** Jim Brackett - 720-4531

**District 2:** Jack Bogart - 371-9587

**District 3:** John Brogan - 810-7131

**District 4:** John Hibdon - 847-2320

**District 5:** Jimmy Lambert - 760-7029

**District 6:** Dennis Lenox - 289-5961

**District 7:** Charles Huerter - 914-1498

**District 8:** Ken Howard - 724-9965

**District 9:** Buddy McCarty - 272-5364

**General Manager:** Alice Lawson

## CONTACT US

### VVEC Headquarters

8901 E 146th St N Collinsville, OK

### Mailing address

P.O. Box 219, Collinsville, OK 74021

### Phone number

918-371-2584 or 1-800-870-5948

### Office hours

7:30 a.m. to 4:00 p.m., Mon-Fri

### Line Life Editor:

Megan Jackson

Line Life is published monthly by Verdigris Valley Electric Cooperative, Collinsville, Oklahoma (ISSN 10884378) for its members in Tulsa, Rogers, Washington, Nowata and Osage counties.

#### Statement of Non-Discrimination

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call 866-632-9992 to request the form.

You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to:

U.S. Department of Agriculture  
Director: Office of Adjudication  
1400 Independence Avenue, S.W.  
Washington, D.C. 20250-9410  
Fax: 202-690-7442  
Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

**JUNE 2025**

**VOLUME 84 | NUMBER 06**

**8 | LINE LIFE**

# CLASSIFIEDS

**SUBMIT ADS** to [classified@vvec.com](mailto:classified@vvec.com) or send to ATTN: Classified, P.O. Box 219 Collinsville, OK 74021. Ads must be in writing. Your account number, name, address and a phone number is required on all ads. The deadline for all ads is the 1st of the month. Ads submitted by the 1st of the month will run in the following month's newsletter. *Classified ads are a free service to VVEC members only. As many ads as space allows will be included in each issue. VVEC reserves the right to delete or shorten items or descriptions.*

•Professional, personalized dog grooming at your home. Small dogs only. Most dogs only \$40.00. Over 40 years experience. 918-381-1170

•Boito -BR7 20 ga dbl bbl 2-3/4" chamber \$375; Savage 30 – Series B 12 ga pump 3" chamber \$300; 918-497-6989

•Reese Hay Mower  
8 ft, 3 pt; 918-255-6508

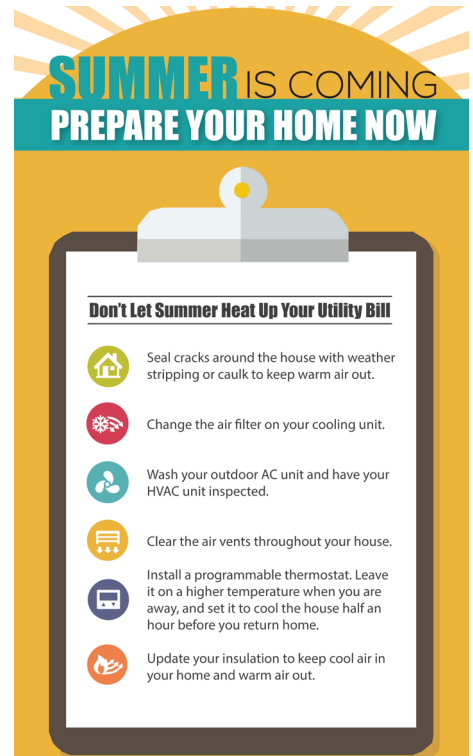
•Front tractor tire and tube; 9.5x24; 918-255-6508

•Walker zero-turn lawn mower; 60 inch cut, 37 hp; 918-255-6508

•9 wheel inline hay rake; 918-255-6508

•LG Dishwasher; used very little; 918-255-6508

•Handyman service to repair and remodel; affordable plumbing and electric. Call or text for free estimate; references available. 918-231-6385



## IN CASE OF AN OUTAGE

•First, check your fuses or circuit breakers. Every service is different. You may have fuses or circuit breakers in your house, on the side of your house, under your meter, or all three places. Check to see if your neighbors have electricity.

•Then, call the co-op at 371-2584 or 1-800-870-5948. Have your account number, name as it appears on the account, and address handy to give to the dispatcher. If you should get a recording, leave your information; every message will be answered.

•Download the SmartHub app at [www.smarthubapp.com](http://www.smarthubapp.com) to report outages from your smartphone.

## SUMMER RESIDENTIAL RATES

April through September usage;  
May through October billing

**Customer Charge | \$40.00**

**Energy Charge | 1st 2000 kWh | \$.08279/kWh  
| over 2000 kWh | \$.08789/kWh**

A power cost adjustment (PCA) will be applied to all bills when the actual cost of power purchased exceeds or is less than 62.088 mills per kWh.

In addition, a gross receipts tax of 2% of revenue will be included, plus additional taxes, if applicable.